

**PROSES PERUBAHAN PERILAKU ANTISOSIAL MENJADI  
PROSOSIAL MANTAN PREMAN DALAM KELOMPOK MERKID'S  
YOGYAKARTA**

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**ABSTRAK**

Penelitian ini bertujuan untuk mengetahui bagaimana proses perubahan perilaku pada mantan preman yang tergabung dalam kelompok MERKID'S Yogyakarta. Penelitian ini dilakukan melalui wawancara mendalam dengan tiga mantan preman dalam kelompok MERKID'S Yogyakarta. Wawancara dilakukan dengan menggunakan alat perekam suara yang kemudian diubah dalam bentuk verbatim agar peneliti mudah untuk menganalisis. Hasil penelitian menunjukkan bahwa ketiga informan memiliki pengalaman yang sama dalam menjadi seorang preman. Namun, ketiganya memiliki perbedaan dalam proses perubahan perilakunya. Dimana terdapat informan yang merubah perilakunya karena lingkungan yang berbeda dari sebelumnya, mengalami OD, dan ingin menunjukkan keorang lain bahwa dirinya dapat berubah. Namun dalam proses perubahan perilaku ketiga informan memiliki kesamaan alasan untuk merubah perilakunya yaitu karena sudah memiliki keluarga yang mewajibkan mereka untuk merubah sikapnya. Adapun saran untuk anak muda dari ketiganya yaitu untuk menjauhi dunia premanisme, dan sebarkanlah virus-virus kebaikan serta rasa peduli terhadap sosial.

Kata kunci : perilaku, perubahan perilaku, preman, MERKID'S

**PROCESS OF CHANGING ANTISOCIAL BEHAVIOR TO BE  
PROSOCIAL BEHAVIOR ON FORMER THUGS IN MERKID'S  
YOGYAKARTA GROUP**

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**ABSTRACT**

The purpose of this study was to find out how the process of changing antisocial behavior to be prosocial behavior in ex-thugs who used to be a member of the group called MERKID 'S Yogyakarta. This study was conducted through in-depth interviews with three former thugs in the MERKID 'S Yogyakarta group. Interviews were carried out using a voice recorder which is converted to verbatim so that easy to analyzed. The results showed that the three informants had the same experience when they were a thug. However, when their behavior were changed, it was all because of different reasons. The informants had difference reasons in the process of changing their behavior. There was an informant who changed their behavior because of environment that different than before, experienced in overdosed, and wanted to show others that they can change. But in the process of changing behavior, informants shared the same reason of changing their behavior, that was because they already had a family that obliged them to change their behavior. The advice for juvenile from them were to stay away from the world of thuggery, and spread the good influences and to pay attention of the social.

Keyword: behavior, behavior changes, thug, MERKID's